

A manual created to better understand and
know how Nolli Premium Formula works.



PREMIUM FORMULA

Nolli in collaboration with dieticians and
food and nutrition engineers.

NOLLI

Nolli Premium Formula is a dietary supplement developed to provide comprehensive support for the health and beauty of skin, hair, and nails. The formula's action is based on the synergy of 28 carefully selected ingredients that are precisely dosed in optimal quantities, creating a unique synergy. These ingredients support and enhance each other's effectiveness, resulting in optimal effects. They include vitamins, minerals, amino acids, antioxidants, herbal and fruit extracts, and other compounds. The selection of these ingredients is based on the results of scientific research and their potential to support natural processes in the body.

Stimulation of your own collagen



COLLAGEN STIMULATION

Collagen Stimulation is made without the use of genetically modified organisms (GMOs) and is completely vegan, free of animal-derived ingredients and allergen-free. Fruit extracts of grape, amla, astaxanthin and other active ingredients, together with hyaluronic acid, stimulate fibroblasts to produce their own collagen and maintain a balanced ratio of different types of collagen, contributing to a youthful structure of hair, skin and nail tissue in an environmentally friendly way (non-GMO, vegan, allergen-free). This prevents unnecessary breakdown, which has a significant impact on the ageing process of the skin, loss of shine in the hair and brittleness of the nails.

By providing sufficient nutrients for the normal functioning and repair of corneal tissue, we increase the synthesis of elastin and glycosaminoglycans, which facilitates the strengthening of tissue structure. At the same time, ingredients such as ceramides, vitamins and elements provide support, form cell membranes and prevent moisture loss from the skin. These ingredients maintain the skin's elasticity and protect it from external micro-organisms, allergens and pollutants. Together with other ingredients, they maintain optimal skin moisture and texture, shiny hair and strong nails.



Antioxidant cell protection



ANTIOXIDANT CELL PROTECTION

Our bodies are constantly undergoing oxidative processes that can damage cells and tissues, with various consequences for the ageing process. We see the appearance of wrinkles in the skin, hair loss and brittle nails.

Antioxidants, including vitamins C and E in Nolli Premium Formula, act as protective molecules that protect our bodies from oxidative stress, inflammatory processes and free radicals. They also help to protect the skin from harmful environmental influences such as ultraviolet (UV) rays and pollution, which often contribute to premature skin ageing.

Other benefits of antioxidants include fighting bacteria, viruses and fungi, while some also help to improve immune and metabolic function.

Compounds of natural origin →



COMPOUNDS OF NATURAL ORIGIN

The premium formula uses concentrated extracts from plants, flowers, fruits, roots or other natural sources. These extracts are included for their potential healing properties and their many benefits for physical health, which are also reflected in external beauty. Many are known for their antioxidant properties, which help fight free radicals and reduce inflammation. Some also have antimicrobial properties that help fight bacteria, viruses and fungi, while others help improve immune function and metabolism.



Increasing absorption

Nolli Premium Formula is designed to provide the most efficient absorption of key nutrients. Using advanced technologies, we ensure that the active ingredients are optimally absorbed by your body, contributing to maximum efficiency and supporting healthy bowel function.

Standards met

Nolli Premium Formula is manufactured in Slovenia under strict ISO22000, GMO and HACCP standards. All ingredients are backed by a review of the scientific literature.

Why take Nolli?



“Rapid absorption increases blood levels of vitamins and minerals for a short time.”



Why take Nolli?

Long-term, regular use of Nolli Premium Formula can help improve the appearance and quality of skin, hair and nails. By supporting collagen production, skin can become firmer and more elastic and hair can become stronger and shinier. Nails can become stronger and less prone to breakage.

How and when to take Nolli?

For best results, we recommend taking one capsule twice a day with a glass of water, during or after your main meal. Along with a healthy lifestyle, Nolli Premium Formula is recommended for those who want to further improve the condition of their skin, hair and nails and maintain the radiance they deserve.

Who should use Nolli Premium Formula?

We recommend Nolli Premium Formula to anyone who wants to support their health and beauty from within, especially those who are struggling with problems such as brittle nails, brittle hair or seemingly tired skin.

Sestavine



INGREDIENTS



Methylsulfonylmethane (MSM), capsule (HPMC hydroxypropylmethylcellulose), horsetail extract (*Equisetum arvense*), gooseberry or amla fruit extract (*Phyllanthus emblica*), saw palmetto fruit extract (*Serenoa repens*), vitamin C, Grape seed extract (*Vitis vinifera*), bamboo shoot extract (*Bambusa vulgaris*), nettle leaf extract (*Urtica dioica*), rice bran extract (*Oryza sativa*) standardised to at least 2.5% ceramides, L-cysteine, L-methionine, catalase enzyme, Belinal® - silver fir (*Abies alba*) twig extract, vitamin E (d-alpha tocopheryl acetate), sodium hyaluronate (hyaluronic acid), reduced form of L-glutathione, zinc, vitamin B5 (pantothenic acid), Bioperine® - black pepper extract (*Piper nigrum*), manganese, vitamin B2 (riboflavin), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin), copper, astaxanthin 5%, vitamin B9 (folic acid), vitamin B7 (biotin), vitamin B12 (cyanocobalamin).

Effect of individual ingredients



EFFECT OF INDIVIDUAL INGREDIENTS

Methylsulfonylmethane (MSM):

It is a sulphur compound that stimulates keratin synthesis, helping to strengthen the bonds between molecules in hair and nails. It inhibits inflammation in the body and protects against oxidative stress, supporting immune function.

Horsetail (*Equisetum arvense*) extract:

An important source of silicon, which contributes to the strength and firmness of nails and hair. It has antioxidant properties and is used in traditional medicine to treat brittle nails, to combat hair loss by keeping the hair follicle healthy, and to treat rheumatic conditions. Fenugreek extract has antifungal, analgesic, anti-inflammatory, anti-diabetic and anti-tumour properties due to the phenolic compounds it contains.

Gooseberry or amla (*Phyllanthus emblica*) extract:

The fruit extract, rich in vitamin C, supports collagen synthesis and has antioxidant properties. High levels of polyphenols and other properties are photoprotective, helping to protect against damage caused by UVA and UVB rays.

Saw palmetto fruit extract (*Serenoa repens*):

It can contribute to scalp health, increase hair density and improve hair quality.

Vitamin C (L-ascorbic acid) and vitamin E:

They protect the skin from oxidative processes, protect against ozone-induced damage, prevent inflammation and slow down the ageing process. Vitamin C stimulates the differentiation of keratinocytes and plays a key role in the formation of collagen, which is essential for normal skin function and the strengthening of the skin barrier. It also has a positive effect on the treatment of hair loss due to iron deficiency by increasing its absorption. Vitamin E is effective against hyperpigmentation and improves skin firmness and elasticity.

Nettle extract (*Urtica dioica*):

It has anti-inflammatory, antimicrobial and antioxidant properties. May contribute to hair and skin health.

Grape seed extract (*Vitis vinifera*):

It binds to collagen and promotes the elasticity and flexibility of the fibres. The flavonoids in grapes have a positive effect on UVA damage by inhibiting the excessive synthesis of collagen fibres caused by photo-irradiation. They also help to maintain a balanced ratio between the different types of collagen in the skin, thus preserving its structure and adequate elasticity. Flavonoids prevent changes in the structure of the extracellular matrix that lead to ageing, wrinkles and loss of elasticity. They also have anti-inflammatory properties and the phenolics in grape seeds also have antioxidant properties.

Bamboo extract (*Bambusa vulgaris*):

The plant source of silicon stimulates fibroblasts in the skin to produce collagen, elastin and glycosaminoglycan synthesis, helping to strengthen connective tissue. It also increases the strength and thickness of hair and nail fibres, helping to reduce brittleness. It also reduces the risk of excessive hair loss.

Rice bran extract (*Oryza sativa*):

Standardised as ceramides, they are part of the cell membranes that maintain the skin's moisture, elasticity and protective properties. These properties help to protect against external pests and pollutants. In addition, ceramides influence the differentiation and renewal of the epidermis and regulate the skin's inflammatory response.

L-cysteine and L-methionine:

Amino acids are the building blocks of the body's proteins, including keratin, which is essential for the structural strength and resilience of hair, skin and nails. L-leucine is involved in the signalling pathway responsible for hair follicle growth, which can improve hair follicle density.

The enzyme catalase:

It plays a key role in protecting cells against oxidative stress.

Belinal®:

Silver fir (*Abies alba*) extract has anti-inflammatory and antioxidant properties.

Sodium hyaluronate:

Also known as hyaluronic acid, it is found in connective tissue, mainly in the skin, where it regulates hydration and elasticity.

Reduced form of L-glutathione:

It has antioxidant, anti-tumour and anti-viral properties and can reduce skin pigmentation and the effects of photo-aging.

Zinc:

A mineral found in all tissues, skin is the third most zinc-rich organ. It is used to heal and regenerate nails and also plays an important role in nail health. Combined with antioxidants, it can help delay the signs of ageing.

Vitamins B1 (thiamine), B2 (riboflavin), B5 (pantothenic acid), B6 (pyridoxine), B7 (biotin), B9 (folic acid), B12 (cyanocobalamin):

A group of B vitamins that contribute to many functions in the body, including the health of hair, skin and nails, and protect against damage caused by oxidative stress.

Bioperine®:

Black pepper (*Piper nigrum*) fruit extract, which may improve the absorption of other ingredients.

Manganese:

A mineral that contributes to normal connective tissue formation and protects against oxidative stress.

Cooper:

It is important for maintaining normal skin and hair pigmentation, protecting cells from oxidative stress and helping to maintain normal connective tissue and iron transport in the body.

Astaxanthin:

It favourably regulates the antioxidant response and accelerates wound healing by increasing the expression of fibroblast factors and collagen. Improves skin hydration and prevents loss of skin elasticity, helping to reduce wrinkles, fine lines and age spots.